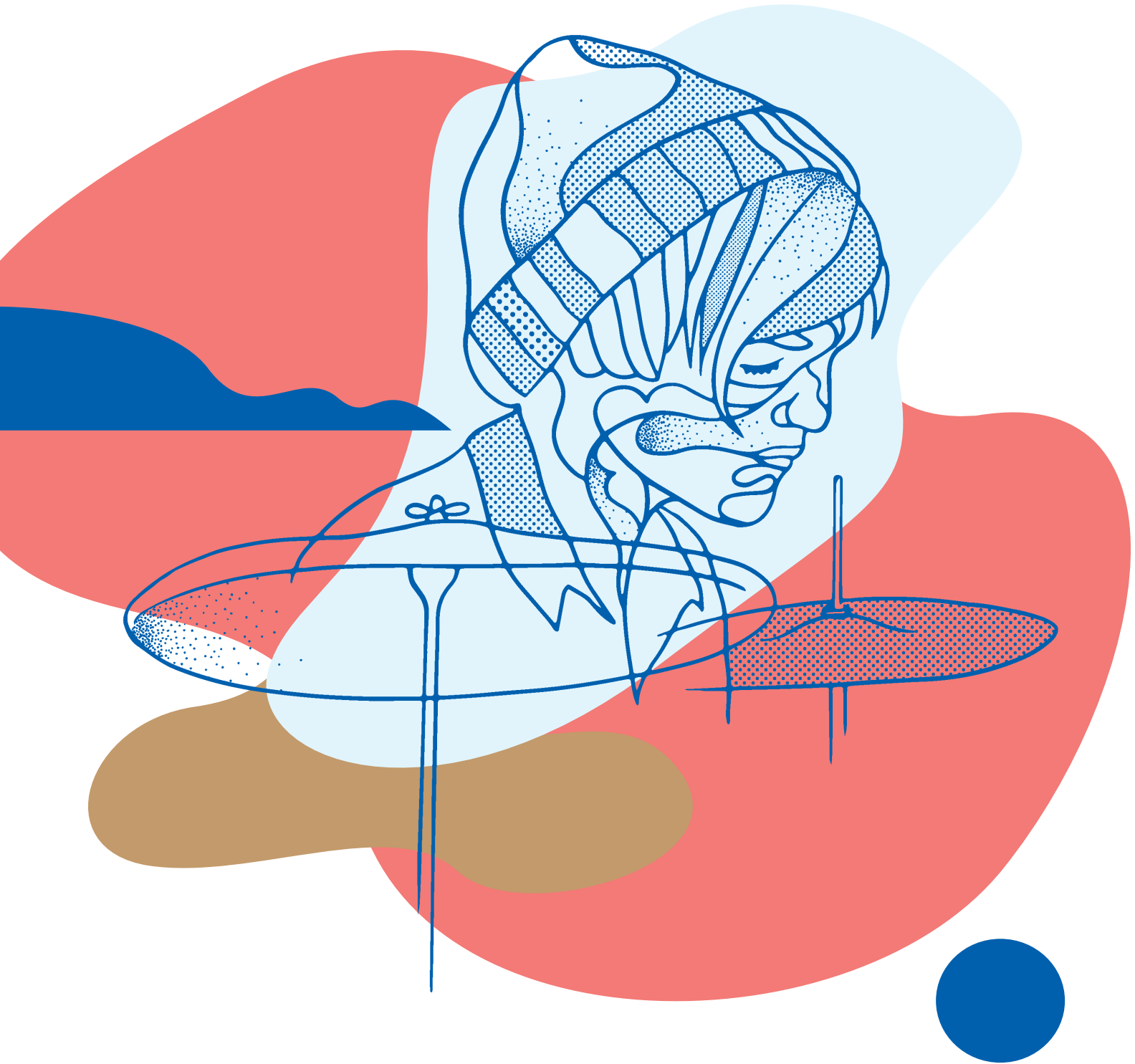


RUN
FREE
RIGHT
NOW



the lost
notes



Green Grass (B.J. Mills)

Even if life on the other side seems better
Green grass always turns yellow

When you chase a pretty lady like a fly to the honey
You ain't thinking with your head
You're like a banker to the money, oh
When she finds out that you're older than you told her
Finds a picture of your wife
With your son and dog and daughter
Oh it's time to remember what your mama said

Even if life on the other side seems better
Green grass always turns yellow

When you see a stranger at the table
He's been watching you for hours
Then you see him sliding over
Said he's gonna buy you flowers
Said he'd like to take you dancing
And you wonder if you can
You think you're tired of what you've got
You'd like a little sugar man
No no, it's time to remember what your mama said

Even if life on the other side seems better
Green grass always turns yellow

When you're reaching 45
And you're looking in the mirror
Want a little off your middle
Or your chin a little thinner
Oh, please remember
Before you meet the doctor with the knife
Let him take a little slice
Why not look a little closer
Find the happiness in your life?

Remember what your mama said
Even if life on the other side seems better
Green grass always turns yellow

Bobby (B.J. Mills and E. Franklin)

I saw Bobby and Bobby saw me
I said 'I can't do this no more'
I said 'You will never be free'
She turned around and said 'Bobby
Why don't you watch me?'

Chorus
Ooh ooh ooh

You won't see me no more
Oohh ooh ooh
You can't hurt me no more

I walked away I went straight for the door
I said 'I've been with you too long
You don't love me no more
Don't try to stop me
This time I'm leaving for sure'

Chorus

She tried her crying, he tried his lying,
He tried his smiling and coming up sidling
I raised my head, looked him straight in the eye
Then pulled away and said

Chorus

All At Sea (B.J. Mills)

When you're all at sea, treading water endlessly
When you're all at sea, reach out your hands for me

When you're trying
Trying so hard to keep it all together
And you know
Pressure's gonna push you down and pull you round
And there's nowhere left to hide
And you're sure of nothing
But that your heart still beats inside

Chorus
You may find that all you need is just a little time
Somewhere you can be yourself
And try to clear your mind

When you're all at sea, treading water endlessly
When you're all at sea, reach out your hands for me
I will be your guide, always be at your side
Listen to the wind, voices calling in the wind
We can start again like birds returning in the spring

When you see, there is no light ahead
Only darkness to place a hand upon your weary head
You got to hold on, keep on pushing through
You got to find that light that's sure to shine in you

Chorus

Anytime at all, I will be here
I will be your guide, always be at your side
Listen to the wind, voices calling in the wind

We can start again like birds returning in the spring

Banker's Blues (B.J. Mills and O. Jobes)

I got the Banker's Blues
Cos I just heard some bad news
Thought I heard somebody say
They're gonna cut my bonus pay

Now a million here or there
Might not seem that much to you
But without a fourth home
What's a man supposed to do?

Chorus
Cos I'm a banker, I'm a banker
And I don't know what it is you don't like about me
I'm a banker, I'm a banker
And I'll keep spending all your money for free
I might just spend a little of it on me

Me and the banks we got nothing to lose
My life goes on whether it's bust or boom
Cos when we screw up you'll scream and shout
But you know it's you who'll bail us out

Chorus

Some people might tell you
That I don't have a conscience
Don't care about anybody
As far as they can see
Well I am here to tell you
That that is all nonsense
I care about everybody
Just not as much as me, me, me
Me me me me me me me

Chorus

You who have nothing but paying your dues
Should think about me and the things I have to choose
Gotta pick a fast car to match her Jimmy Choo shoes
That's why they call it the Banker's Blues

You know you need me, ain't nothing you can do
And I'm gonna get richer, not sure about you
For every penny you spend I'll make a pound
Cos all that money money money money
Makes my world go round

Chorus

I'll Wait Until The Sunrise (B.J. Mills)

The lady lay on a moonlit shore
She reached out to me, she seemed to offer more
She said "We could dance forever in the endless sea
But first you must do these things for me

Bring me the eyes of the needle
Bottle up the colour of the sky
Hold up the running of the rivers
Find truth in the bed in which I lie

Bring me the heart of the matter
Bring me the body of the wine
Harvest the beat of a butterfly wing
Touch me with the hands of time

Chorus

And I'll wait until the sunrise
I'll wait till the morning comes
I'll wait until the sunrise
Then I'll be gone, gone, gone

You must dine with the Sheikh of the Tambourine
Feed me the roll of a die
Play me the rattle of the junkie
Show me the hand with which you caught my eye

Take me down the river on a gambler's punt
Write with the victor of the wrongs
Play me the fiddle of the taxman's hand
Soothe me with a dead man's song

Chorus

And turn left at the turn of the wheel
Go right to the riddle of the plot
Straight ahead at the dead end job
Meet me at the bottom of the top

And we'll ride on the mewl of a cat
And fill up the belly of the sun
Let luck be your enemy chance be your friend
Return before the morning comes"

Chorus

Well I returned to the ocean
To ask for a little more time
But all I found was a mermaid's trail
As the sun came over the water line

She waited till the sunrise

She left with the morning sun
And just as she said yesterday
She was gone, gone, gone

A Leader Of Men (O. Jobes)

Ghengis Khan was his name
His home the Mongolian plain
A great man who was way ahead of his time
He united all the tribes
Underneath the blood red skies
Health and safety was the last thing on his mind

Well he lived in a big round tent
Made the Chinese pay him rent
Ruled many lands North, South, East and West
And as far as I can tell it all went really well
Without the need for a hat or a high visibility vest

Chorus

Well I want to be like them a leader of men
But the health and safety man says I can't do it
Well I'd like to ruffle feathers in all kinds of weathers
But I ain't got the certificate, can't do it

Julius Caesar was a leader
He ruled most the world
He came, he saw, he conquered the UK
The workmen's boots were open-toed
When they built the Roman road
No health and safety red tape in the way

Chorus

Bridge
Stop, put it down
You can't do that you can't sit there
Watch your back, watch your front
Put those ear plugs in your ears
Where are your gloves, take a rest
You need your hair in a net
Turn it down, mind that wire
Get that damn cat out of here

Alexander the Great
Was so much more than head of state
He was taught all he knew by Aristotle
Some say he died of poisoning
Well here's some logical reasoning
He must have had the wrong label on the bottle

Chorus - Bridge

Well Maggie was a leader
Some people say plain evil
But she took health and safety to her heart
With the Devil she made a pact
The Health And Safety at Work Act
Now I can't lift that box in case I fart

Chorus

I'd like to right those wrongs
Instead of writing songs
But I ain't got the certificate, can't do it

Lonely With You (B.J. Mills)

We were ribbons caught up in a wheel
I was bound and I struggled to feel
There was somewhere that I longed to be
Now I'm searching for pieces of me

Like a river runs out to the sea
I was losing all traces of me
I was blossom adrift on the breeze
I could not see the wood for the trees

Chorus

Lying in the arms of some other love
Trying to pretend I'm with you
Forget all the heartache you put me through
I'd rather be lonely with you

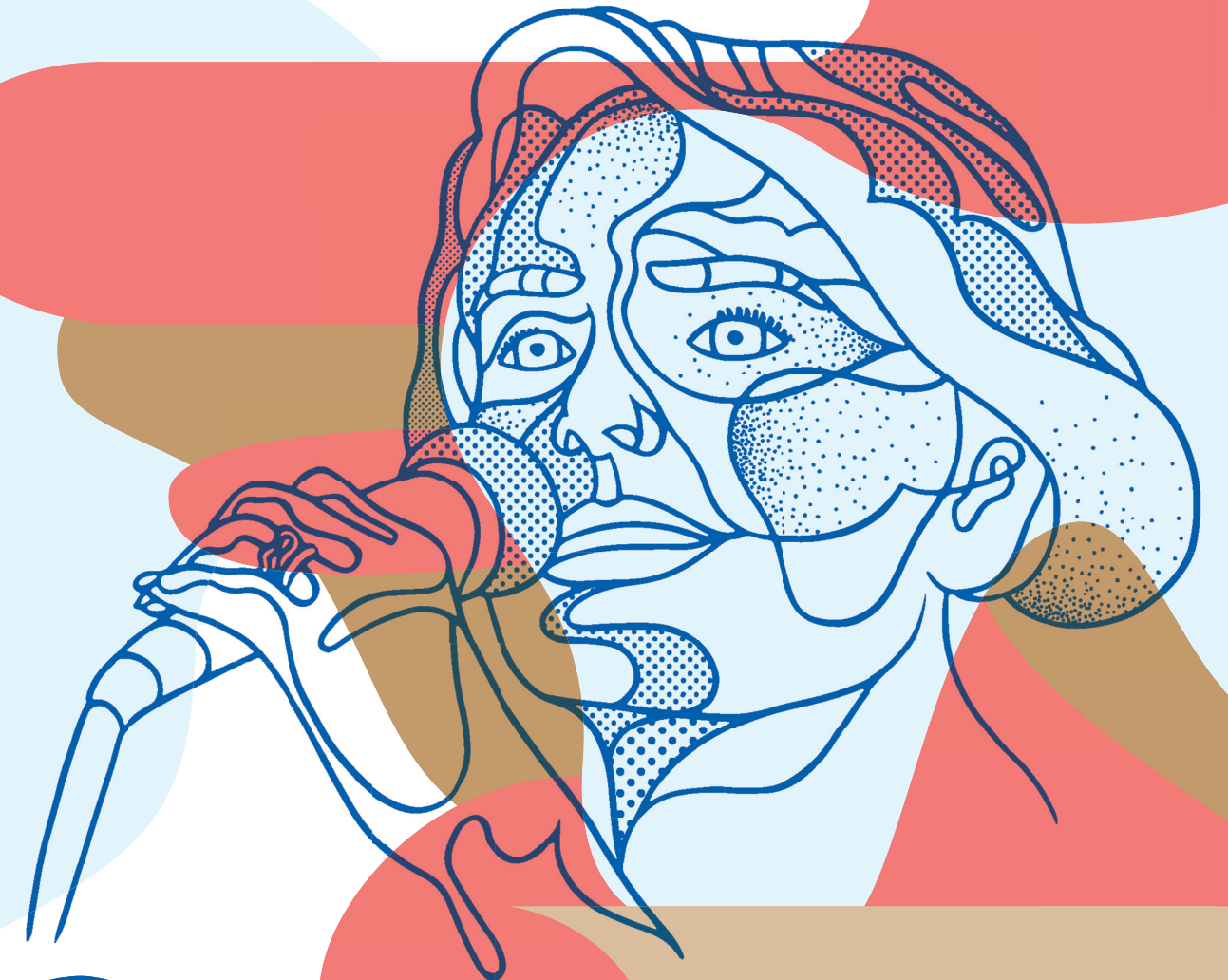
I have tumbled through rock pools and streams
I have run like a fisherman's reel
Now I climb but I'm weak at the knees
I'm a lock and I can't find the keys

Chorus

I'm a heartbeat, a heartbeat away
I'm a heartbeat, I'm a heartbeat, a heartbeat away

I'm a wristwatch that needs to be wound
I am lost and I need to be found
Though I've travelled and I've dared to dream
I am you and you're pieces of me

Chorus





Touch The Sky (O. Jobes)

You're a little bit edgy, a little bit tired of me
And we're a little bit scared of who we can be
I promise you this, when I made my vow
I really meant it then, I really mean it now

I'd like to help you reach your mountain top
And I'll love to be the next one up
We'll look around and glory in the view
And we'll choose a path to make our visions true

I knew you were the one
That day when you outshone the sun
You came out of the blue
I knew I'd fall in love with you
And somewhere up high
Two souls touched the sky

Mother Nature nurtures through your hands
Guiding precious lives through troubled lands
I marvel when I see your selflessness
Knowing me and the kids are forever blessed

With you I'll feel no cold
Hand in hand as we grow old
We'll have jam for our tea
House on the hill, by the sea
And somewhere up high
Two souls will still touch the sky

You're so beautiful

Take My Hand (B.J. Mills)

Baby won't you come, take my hand and set me free
Baby won't you come, take my hand and set me free
I've been shackled broke low down
It's like my mojo's gone to ground
So baby won't you come, take my hand and set me free

I had a dream your arms surrounded me
And in that moment I felt high as I could be
So I hope you realise
That when you find me looking in your eyes
I'm saying baby come, take my hand and set me free
Baby won't you come, take my hand and set me free

If I see an eagle, gliding high above
Well I stop, I stare, I smile and I think of us
We could be riding on its wings
Going anywhere that it brings us

So baby won't you come, take my hand and set me free
Baby won't you come, take my hand and set me free

See it's your perfume, your smile, the heat on your neck
Your hands, your feet, the swirl of your dress
The look you gave when I was under arrest
Well I kept my word, I cleared up that mess

Now I'm saying darling please
You bring my love to its knees
So baby won't you come, take my hand and set me free
Baby won't you come, take my hand and set me free

Now if you see a lazy tomcat lying in the grass
Think of me, call, baby we'll have a blast
I will leave no stone unturned
Whatever you want me to be I will learn
So baby won't you come, take my hand and set me free
Baby won't you come, take my hand and set me free

Stone In My Shoe (B.J.Mills and O. Jobes)

There's a stone in my shoe that reminds me of you
A shooting pain that comes out of the blue
But no pain, no gain, is what I live by
So let's stick together 'til the day that we die

Chorus
You're a stone in my shoe
A thorn in my side
A bitter twist of lemon in my strawberry surprise
If I could be bothered
There's one thing I'd do
I'd kick off my shoes and be rid of you

You're like a mosquito buzzing, a whine in my ear
You're a fly in my ointment, the warmth in my beer
You're a hair on my tongue, the sand in my eye
A snake in my cornfield, the cloud in my sky

Chorus

First thing in the morning I see you and then
I grit my teeth and I count to ten
The pain that you give me lets me know I'm alive
Just can't recall the day you said you'd be mine

Chorus

I ain't no stone and I ain't no fly
I'm the silver lining in your big black sky
I ain't no thorn, I'm the blood in your veins
So you be the mule and I'll take the reins

Now I know it's unkind I know you may not forgive
But with this nagging, scratching, biting back you know I can't live
I feel like chucking off my shoes and pulling off my socks
And I'll just maybe spend my whole life wearing flip flops

Chorus

Run Free Right Now

(B.J. Mills and O. Jobes)

I would swap these city lights
For moonbeam nights and candle lights
Looking past the urban glow
To find a place that's still unknown
Leave our responsibilities
Close the door and hide the keys
Then you and I would both be free
To chase the sun, dance with the breeze

Chorus

Let's break free from these shadows
Back to the place that we know
Down where the river flows
Underneath the weeping willow
We'll run free right now

Tomorrow should be a different day
Chances are it'll stay the same
Living through the same routine
Thinking we could never leave
But if we took the time to try
We could leave this all behind
Then you and I would both be free
To chase the sun, dance with the breeze

Chorus

Together we'll be running free

So take my hand we'll leave the race
Live life at a different pace
Leave this world that worships the greedy
Everything we want is free
Music, friends and harmony
The simple things we need will come easy, so easy

Chorus

Together we'll be running free
Run free right now...



the lost notes

Green Grass (3:55)
Bobby (3:12)
All At Sea (4:12)
Banker's Blues (3:23)
I'll Wait Until The Sunrise (5:59)
Leader Of Men (3:46)
Lonely With You (4:35)
Touch The Sky (4:20)
Take My Hand (3:40)
Stone In My Shoe (3:47)
Run Free Right Now (6:03)

Bobby - Live at the Tower of Song [Bonus Track] (3:22)
All At Sea - Vocal Remix [Bonus Track] (4:07)

Ben Mills Vocals, Guitar, Harmonica **Oli Jobes** Vocals, Lead Guitar **Lucy Mills** Vocals **Silas Wood** Double Bass
Jamie Human Drums **Engineering** Silas Wood at www.soundofsilas.com **Production** Silas Wood, Ben Mills, Oli Jobes
Mastering Simon Duggal **'Bobby' Bonus Track** recording/mixing - Mark Ward **Graphic design** cyrilterrier.com